

'A Home of my Own'

We at Dilaasa strongly felt the need to go beyond one to one counselling, that is how we decided to organise monthly meetings of women.

One such meeting focused on the idea of a home where women expressed themselves through art.

This year's calendar has drawings and thoughts shared by them. We attempt to convey women's

expressions to all those engaged in providing services to survivor of domestic violence.





Dilaasa is a joint initiative of Cehat and Municipal Corporation of Greater Mumbai

The images have been drawn by Sharmila, Hemlata, Manju, Sabina, Dipika and Amina. Layout and design by Pramila and Qudsiya.

THE PARTNERS

MUNICIPAL CORPORATION OF GREATER MUMBAI: K. B. Bhabha Hospital, Bandra is a 436-bedded, well-equipped peripheral hospital with all major clinical departments and is centrally located in the Western Suburb, "H" ward office of Bandra (W), Mumbai & K. B. Bhabha Hospital, Kurla is a 306-bedded peripheral hospital, which is located in eastern suburbs.

CEHAT (Centre for Enquiry into Health and Allied Themes) is a multi disciplinary institution promoting and supporting socially relevant health and related research, action, services and advocacy. CEHAT is a centre of the Anusandhan Trust which is governed democratically through participatory management and upholds through praxis, transparency, social accountability and ethics.

We would like to thank Aruna Burte, Manisha Gupte, Padma Prakash, Amar Jesani and the CEHAT staff for their feedback and suggestions that added much value to this calendar.

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Supported by Ford Foundation, New Delhi.

You could support CEHAT's work on Violence Against Women (VAW) by purchasing this calendar and through donation to Anusandhan Trust, registered under The Bombay Public Trust Act, 1950, Registration No. E - 13480. You could also avail an 80-G exemption for all donations made by cheques / demand draft.

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I would like to contribute Rs _______by Cheque/Demand draft/Cash to support

CEHAT's work on Violence Against Women.

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Name:			

Address: _____

Phone: _____ Email: _____

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E-mail: cehat@vsnl.com

Kindly Note: All cheques / demand draft should be drawn in favour of 'ANUSANDHAN TRUST' payable at Mumbai.

2007 PLANNER

January 2007	February 2007	March 2007	April 2007	May 2007	June 2007
M 1	T 1	T 1	S 1	T 1	F 1
T 2	F 2	F 2	M 2	W 2	S 2
W 3	S 3	S 3	T 3	T 3	S 3
T 4	S 4	S 4	W 4	F 4	M 4
F 5	M 5	M 5	T 5	S 5	T 5
S 6	T 6	T 6	F 6	S 6	W 6
S 7	W 7	W 7	S 7	M 7	T 7
M 8	T 8	T 8	S 8	T 8	F 8
T 9	F 9	F 9	M 9	W 9	S 9
W 10	S 10	S 10	T 10	T 10	S 10
T 11	S 11	S 11	W 11	F 11	M 11
F 12	M 12	M 12	T 12	S 12	T 12
S 13	T 13	T 13	F 13	S 13	W 13
S 14	W 14	W 14	S 14	M 14	T 14
M 15	T 15	T 15	S 15	T 15	F 15
T 16	F 16	F 16	M 16	W 16	S 16
W 17	S 17	S 17	T 17	T 17	S 17
T 18	S 18	S 18	W 18	F 18	M 18
F 19	M 19	M 19	T 19	S 19	T 19
S 20	T 20	T 20	F 20	S 20	W 20
S 21	W 21	W 21	S 21	M 21	T 21
M 22	T 22	T 22	S 22	T 22	F 22
T 23	F 23	F 23	M 23	W 23	S 23
W 24	S 24	S 24	T 24	T 24	S 24
T 25	S 25	S 25	W 25	F 25	M 25
F 26	M 26	M 26	T 26	S 26	T 26
S 27	T 27	T 27	F 27	S 27	W 27
S 28	W 28	W 28	S 28	M 28	T 28
M 29		T 29	S 29	T 29	F 29
T 30		F 30	M 30	W 30	S 30
W 31		S 31		T 31	

2007 PLANNER

July 2007	August 2007	September 2007	October 2007	November 2007	December 2007
July 2007	August 2007	September 2007	October 2007	November 2007	December 2007
S 1	W 1	S 1	M 1	T 1	S 1
M 2	T 2	S 2	T 2	F 2	S 2
T 3	F 3	M 3	W 3	S 3	M 3
W 4	S 4	T 4	T 4	S 4	T 4
T 5	S 5	W 5	F 5	M 5	W 5
F 6	M 6	T 6	S 6	Т 6	Т 6
S 7	T 7	F 7	S 7	W 7	F 7
S 8	W 8	S 8	M 8	Т 8	S 8
M 9	T 9	S 9	Т 9	F 9	S 9
T 10	F 10	M 10	W 10	S 10	M 10
W 11	S 11	T 11	T 11	S 11	T 11
T 12	S 12	W 12	F 12	M 12	W 12
F 13	M 13	T 13	S 13	T 13	T 13
S 14	T 14	F 14	S 14	W 14	F 14
S 15	W 15	S 15	M 15	T 15	S 15
M 16	T 16	S 16	T 16	F 16	S 16
T 17	F 17	M 17	W 17	S 17	M 17
W 18	S 18	T 18	T 18	S 18	T 18
T 19	S 19	W 19	F 19	M 19	W 19
F 20	M 20	T 20	S 20	T 20	T 20
S 21	T 21	F 21	S 21	W 21	F 21
S 22	W 22	S 22	M 22	T 22	S 22
M 23	T 23	S 23	T 23	F 23	S 23
T 24	F 24	M 24	W 24	S 24	M 24
W 25	S 25	T 25	T 25	S 25	T 25
T 26	S 26	W 26	F 26	M 26	W 26
F 27	M 27	T 27	S 27	T 27	T 27
S 28	T 28	F 28	S 28	W 28	F 28
S 29	W 29	S 29	M 29	T 29	S 29
M 30	T 30	S 30	T 30	F 30	S 30
T 31	F 31		W 31		M 31

January 2007

S		14	28
М	-1	15	29
T	2	16	30
W	3	17	31
T	4	18	
F	5	19	
S	6	20	
S	7	21	
М	8	22	
T	9	23	
W	10	24	
T	11	25	
F	12	26	
c	13	27	



But women face the most brutal forms of abuse in their homes. Encourage women to speak out.

February 2007

S		-11	25
М		12	26
T		13	27
W		14	28
T	-1	15	
F	2	16	
S	3	17	
S	4	18	
М	5	19	
T	6	20	
W	7	21	
Т	8	22	
F	9	23	
S	10	24	

Dilaasa provides social and psychological support to women facing domestic violence.

Notes			

March 2007

10 24

I remain locked in my house...

Each woman coming to us has overcome several barriers and we may be her first contact.

April 2007

S	1	15	29
М	2	16	30
T	3	17	
W	4	18	
Τ	5	19	
F	6	20	
S	7	21	
S	8	22	
М	9	23	
T	10	24	
W	11	25	
T	12	26	
F	13	27	
S	14	28	

Dilaasa trains health care providers to sensitively respond to women facing domestic violence.

Notes			

May 2007

25

12 26



Speaking about domestic abuse is not easy. Look beyond symptoms presented. **June 2007**

5		10	24
M		11	25
T		12	20
W		13	27
T		14	28
F	1	15	29
S	2	16	30
S	3	17	
M	4	18	
T	5	19	
W	6	20	
T	7	21	
F	8	22	
S	9	23	

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Notes _____

July 2007

M 2 16 30

T 3 17 31

W 4 18

T 5 19

F 6 20

S 7 21

M 9 23

T 10 24

W 11 25

T 12 26

F 13 27

S 14 28



My sexual desires are never considered.

Be aware of different forms and consequences of sexual violence and probe sensitively.

August 2007

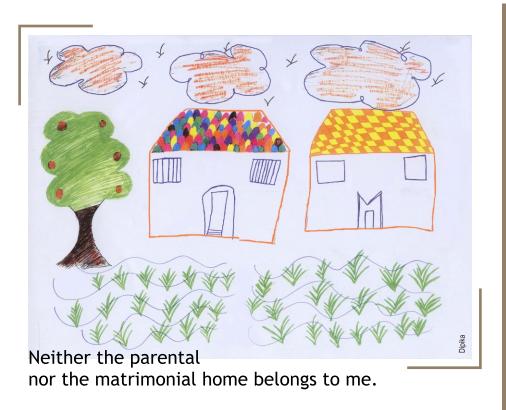
S		12	26
М		13	27
Т		14	28
W	-1	15	29
Т	2	16	30
F	3	17	31
S	4	18	
S	5	19	
М	6	20	
Τ	7	21	
W	8	22	
Т	9	23	
F	10	24	
S	11	25	

Dilaasa trains health care providers to sensitively respond to women facing domestic violence.

Notes			

September 2007

S		9	23
М		10	24
T		11	25
W		12	26
T		13	27
F		14	28
S	1	15	29
S	2	16	30
M	3	17	
T	4	18	
W	5	19	
T	6	20	
F	7	21	
c	0	22	



Assess a woman's safety and inform her of alternatives.

October 2007

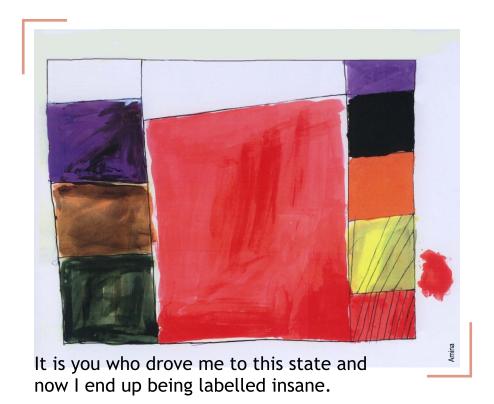
S		14	2
М	1	15	2
T	2	16	3
W	3	17	3
T	4	18	
F	5	19	
S	6	20	
S	7	21	
М	8	22	
T	9	23	
W	10	24	
T	11	25	
F	12	26	
S	13	27	

Dilaasa provides social and psychological support to women facing domestic violence.

Notes			

November 2007

<u>\$</u>			2 5
M		12	26
Т		13	27
W		14	28
Т	-1	15	29
F	2	16	30
S	3	17	
S	4	18	
М	5	19	
T	6	20	
W	7	21	
T	8	22	
F	9	23	
S	10	24	



Domestic violence impacts women's minds deeply.

Probe for violence while treating
any mental health complaint.

December 2007

5		9	23
M		10	24
T		11	25
W		12	26
T		13	27
F		14	28
S	1	15	29
<u>\$</u>	2	16	30
M	3	17	31
T	4	18	
W	5	19	
T	6	20	
F	7	21	
S	8	22	

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